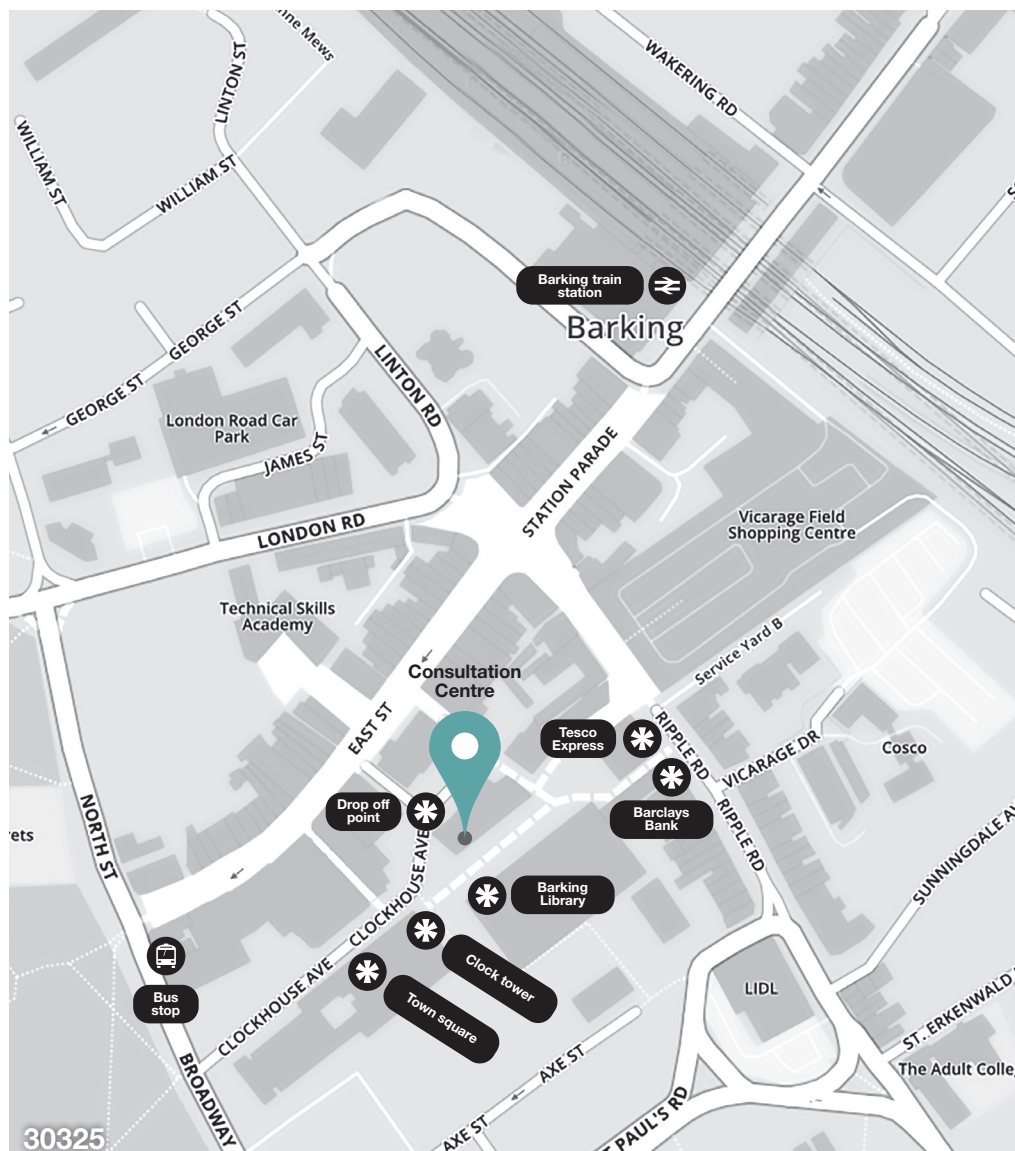


Your PIP consultation is at:
Barking Bath House PIP Consultation Centre



Address:

Barking Centre
The Bath House
5 Arboretum Place
Barking
IG11 7PS

Consultation Centre opens:
9.00am

When you arrive

Remember to bring two forms of ID and your appointment letter with you.

The centre entrance is opposite the Relish Café. To enter, press the intercom next to the door. Please let the receptionist know that you have arrived for your PIP consultation.

Other helpful info

This centre has step-free access.

There is an accessible toilet available.

Parking

Disabled parking is available directly behind the centre on **Clockhouse Avenue**. Pay and display parking is available on the roads surrounding the centre. A drop-off point is located on **Clockhouse Avenue**, behind Poundland and Iceland.

By car

From the North Circular

Exit the **North Circular** towards **Barking** and take the **Barking/A124** exit at the roundabout. At the **Lighted Lady of Barking roundabout**, take the 3rd exit onto **Abbey Road/A123**. Follow the **A123** until the roundabout and take the 1st exit onto **Broadway**. Take the 2nd right onto **Clockhouse Avenue** and continue as the road makes a slight left. The centre is on the right.

For more detailed driving instructions we recommend using an online route planner.

For help in planning your journey door-to-door, go to www.traveline.info or call 0871 200 22 33.

By train

Barking station is approximately **0.2 miles** from the centre.

As you exit the station, turn right onto **Station Parade**. Turn left onto **Ripple Road**, then continue until you reach **Tesco Express**. Turn right in between **Tesco** and **Barclays Bank**. The centre is in front of you.

For details of station services and facilities go to www.nationalrail.co.uk/stations

By bus

The nearest bus stop is **Broadway Theatre** on **Broadway**. This stop is served by bus numbers **62, 287, 368, 387** and **687**.