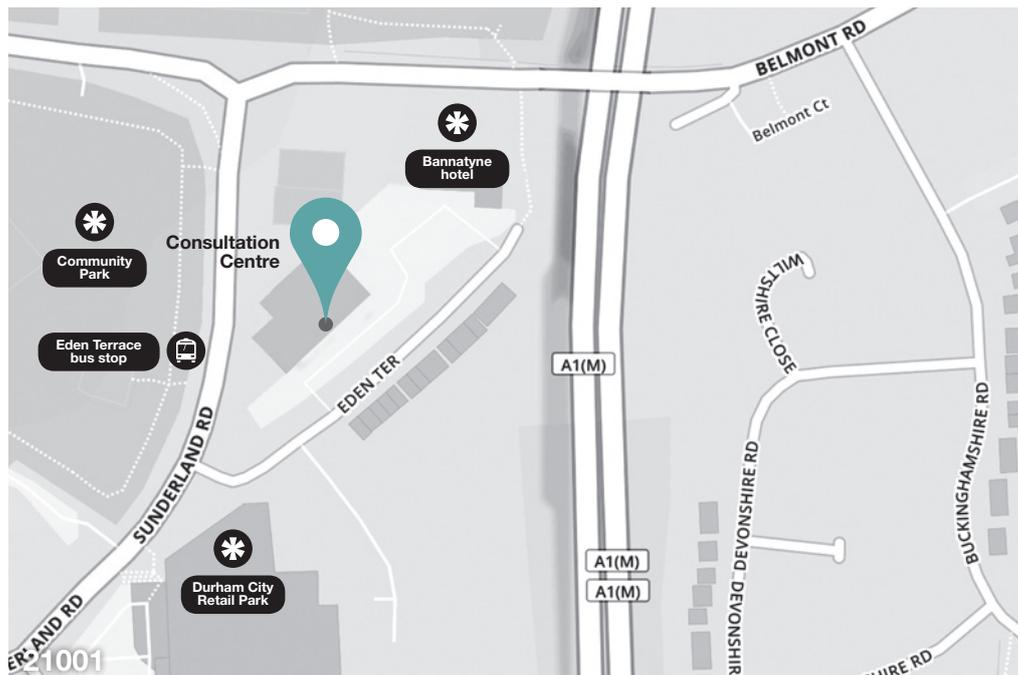


Your PIP consultation is at:

Ascenti, inside Bannatyne's Health Club, Durham



Address:

Eden Terrace
Durham
DH1 2HJ

Consultation Centre opens:
8.30am

By car

From the A1(M)

Exit the **A1(M)** at **Junction 62**. At the roundabout, follow the signs for the **A690**. Continue for **0.6 miles** and then leave the **A690** at the exit marked **Dragonville/Belmont**.

Turn left at the top of the slip road. At the roundabout, take the 2nd exit onto **Sunderland Road**. Turn left into **Eden Terrace** and Bannatynes Health Club is on the left.

For more detailed driving instructions we recommend using an online route planner.

For help in planning your journey door-to-door, go to www.traveline.info or call 0871 200 22 33.

By train

Durham station is approximately **2.3 miles** from the centre. The station is located at the top of a steep hill.

As there are no direct connections to the centre we recommend taking a taxi from outside the station. Please contact Customer Services before you travel to ensure that your taxi will be reimbursed.

Alternatively, take the number **20** or

20A bus from **Durham bus station (Stand L)** to the **Eden Terrace bus stop** on **Sunderland Road**. **Durham bus station** is accessed via the entrance on **North Road, 0.2 miles** from the train station. From the train station exit onto **Station Approach**. At the bottom of the hill turn left and go straight across the roundabout taking the 2nd exit onto **North Road**. The bus station entrance is approximately **100 metres** along on your right.

For details of station services and facilities go to www.nationalrail.co.uk/stations

By bus

The nearest bus stop is **Eden Terrace** on **Sunderland Road**, approximately **0.1 miles** from the centre.

This stop is served by the following buses:

20 & 20A (Durham – Sunderland)

265 (Seaham – Durham)

208 (Peterlee – Durham)

From the bus stop, go along **Sunderland Road** towards **Durham City Retail Park**. Take the first left onto **Eden Terrace** and **Bannatyne's Health Club** is further along on the left.

When you arrive

Remember to bring two forms of ID and your appointment letter with you.

The Consultation Centre is inside Bannatyne's Health Club.

On entry, please let receptionist know that you have arrived for an appointment with Ascenti. You will be directed to the clinic.

Other helpful info

Ascenti is on the ground floor, a short distance from the main entrance.

There is an accessible toilet available. There are two steps up to the main entrance. Ramp access is available to the left of the door.

Parking

There is a free, private car park directly outside the health club.

Disabled parking and a drop-off point are located outside the main entrance.