



Address:

Milbourne Street
Carlisle
Cumbria
CA2 5XF

Consultation Centre opens:
8.30am

By car

We are located just outside **Carlisle city centre**, close to the **Denton Holme Trade Centre**.

From Hardwicke Circus roundabout

Follow the signs for the **city centre** to exit the roundabout onto **Castle Way**. At the traffic lights, turn left onto **Shadongate**. At the next set of lights, turn left onto **Junction Street**. When you reach the church, turn left onto **Milbourne Crescent**.

Continue onto **Milbourne Street** and Bourne House is on your right.

For more detailed driving instructions we recommend using an online route planner.

For help in planning your journey door-to-door, go to www.traveline.info or call 0871 200 22 33.

By train

Carlisle station is approximately **0.7 miles** from the centre.

To connect to the centre, exit the station out towards **Botchergate**. At bus stop **Stand B** outside **Cumbria County Council**, take the **67** bus to the stop opposite Sainsbury's on **Bridge Street**. Walk back past **Shadongate** and turn next right into **Milbourne Street**. The centre is approximately **0.2 miles** along on your left.

For details of station services and facilities go to www.nationalrail.co.uk/stations

By bus

The nearest bus stop is on **Junction Street**, approximately **0.1 miles** from the centre. This stop is served by the number **69** bus towards **Holme Heath**.

When you arrive

Remember to bring two forms of ID and your appointment letter with you.

Please let the receptionist know that you have arrived for your PIP consultation.

Other helpful info

Step-free access is available to the left of the building (at the end of the car park). An accessible toilet is available.

Parking

There is a limited number of free parking spaces in front of the centre. Disabled parking is at the bottom left-hand side of the car park. A drop-off point is located outside the main entrance.

Additional on street parking is available on **Milbourne Street**. Parking discs are available from reception – these entitle you to 2 hours of free parking.